Animal Cruelty Psychological Assessment Instruments

These instruments that focus exclusively on animal related experiences and include the following:


- **Animal Abusers Interview and Risk Assessment Tool (AARAT)**, developed by Phil Tedeschi of the University of Denver School of Social Work. (Tedeschi, P. (undated). Animal abusers interview and risk assessment tool (AARAT). Denver, CO: Denver University School of Social Work.)

- **Boat Inventory on Animal-Related Experiences (BIARE)**, developed by Barbara Boat, Child Trauma Center, University of Cincinnati (Boat, B.W. (1994). *Boat Inventory on Animal-Related Experiences*. Cincinnati: University of Cincinnati.)


• P.E.T. Scale of the Measurement of Physical and Emotional Tormenting of Animals, developed by Ann Baldry of the Free University of Amsterdam. (Baldry, A.C. (2004). The development of the P.E.T. Scale for the measurement of physical and emotional tormenting against animals in adolescents. Society & Animals 12, 1-17.)